Wheel Horse Page 4

FROM PAGE 2

DOING ROTARY, DIFFERENTLY



ton. Laura Mobley-Corn, DG Gridley, Julie Kwasniewski, Susie Basham, Susan Adams, Patty Breeze, and Michele Ripley. Need more evidence of how Rotary women are stepping

out? Alish Chaffin can always be counted on for a selfie and she obliged by taking this photo of herself, Candra Bryant, and Laura Mobley-Corn at a recent fundraiser for the Ronald McDonald House. Guys, we need to raise our game!



WELCOME, RETURNING ROTARIAN DARRELL ISHMAEL

Contact Information

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Email: Ishmael.darrell@gmail.com

Phone: 859-271-1202

Arts, Artist

Welcome back past President Darrell!

NEW ROTARIAN LINDSAY HUGHES THURSTON JOINS KY VETERANS HALL OF FAME!

Join the Wheel Horse in offering congratulations to one of our newest members, Judge Lindsay Hughes Thurston, on being inducted as an Honorary member to the Kentucky Veterans Hall of Fame. She joins past-President Dean Hammond, class of 2019, and husband and fellow Rotarian John Thurston, class of 2023 as inductees into the Hall

of Fame. Lindsey serves a major role in the Honor Flight Kentucky Program, where she serves on the Board of Directors.

Lindsey appears in the related photo with fellow honorary inductee Miss America Heather French Henry and husband John.











THE FOUR-WAY TEST

Of the things we think, say or do...

Is it the TRUTH?
 Is it FAIR to all concerned?
 Will it build GOODWILL and BETTER FRIENDSHIPS?
 Will it be BENEFICIAL to all concerned?

UPCOMING PROGRAMS

- Oct 10 Adam Edelen, CEO & Founder, Edelen Renewables
- Oct 17 No Lunch Meeting, Service Week, Doing Rotary Differently
- Oct 24 Nick Mingione, Head Baseball Coach, University of Kentucky
 Nov 7 Dr. Ryan Quarles and Dr. Greg Feeney, KCTCS and BCTC
- Nov 14 David Lyons, Murder Podcast
- **Nov 21** No Lunch Meeting, Service Week, Doing Rotary Differently
- Nov 28 Happy Thanksgiving
- Dec 5 Lori Flees, CEO, Valvoline

UPCOMING EVENTS/VOLUNTEER OPPORTUNITIES

- Oct 16 Membership Recruitment, Broke Spoke, W. 6th St., 5-6:30pm
- ct 17 Back Pack Pack-Up, God's Pantry Food Bank Winchester Rd, 1:00pm
- Oct 17 Spin to Win the Fight Against Polio, CycleYOU, 6:30pm
- Oct 23 Keeneland, Lexington Room, \$100, 11:00-6:00pm
- Oct 25 Early Morning Mixer, 46Solutions, Lexington Green, 8-9:30am, free
- Oct 31 Thursday, Happy Hour at Lost Palm, The Manchester Hotel,
 Distillery District. 5-6:30pm
- Nov 2 Tailgate for Town Branch, Susie Basham's house, 2172 Palomar Trace, Night game, \$25

The R@TARY Club of Lexington WHEEL HERSE

October 3, 2024

— TODAY'S PROGRAM —

Presiding: President Bret Anderson Inspiration, Pledge, & 4 Way Test: David Jones Introduction of Guests: Buzz Carmichael Introduction of Speaker: Kevin Weaver Speaker: Matthew Mitchell

Program: Winning Tools: 3 Leadership Principals that Build

Purpose, Respect, and Success Location: The Mane on Main

OCTOBER LUNCH SPONSOR CHRIS ANDERSON





MATTHEW MITCHELL

If passion and personality were all it took to make it big, you'd have it made. Don't let procrastination, lack of focus, and uncertainty derail your dreams of living like a champion.

In a clear, straightforward style, Matthew Mitchell has written a leadership book that reveals the tools that made him and his teams successful: honesty, hard work, and discipline. He details how leaders who make decisions based on the Winning Tools enjoy added benefits. Personal satisfaction, professional success, and financial rewards naturally follow.

Winning Tools is a playbook that helps readers discover the power of character-based leadership, how to form solid foundations for progress and prosperity, regardless of the in-

MEET OUR SPEAKER

dustry or your role in it.

Matthew is well-known to Lexington Rotarians, having presented to us annually for many years in his capacity as head coach of UK women's basketball from 2007 to 2020, succeeding former UK coach Mickie DeMoss. Prior to becoming the coach at Kentucky, Mitchell spent two years as the head coach at Morehead State. Mitchell started his coaching career as graduate assistant under Pat Summitt at Tennessee, and he also spent time as an assistant coach at Florida and Kentucky before becoming a head coach.

As UK's all-time winningest coach, Matthew Mitchell led the women's basketball program through many of the great moments in the history of Kentucky basketball, with more than 300 wins, an SEC championship, and numerous NCAA tournament appearances. At his retirement, Athletic Director Mitch Barnhart said, "He has been a great ambassador for the University of Kentucky, on and off the court, bringing an

energy and style of play that made it fun for players and fans alike."

Matthew and his wife Jenna are very active in community service. In June 2014, Matthew and Jenna pledged \$1 million over the next ten years to the University of Kentucky Athletics Department. Just a few months later, they launched The Mitchell Family Foundation, a non-profit organization set to benefit charities in the Lexington community. As Matthew and Jenn eloquently note on the Foundation's webpage, "We believe in strength of character. We believe when our citizens intentionally invest is strengthening their character, self-belief, and leadership skills, our entire community will benefit. With the funds we raise, we will support local non-profits that work hard to lift people out of tough situations."

In 2016, Matthew and Jenna were presented the Community Service Award by the National Urban League of Lexington.

Visit our website at http://www.rotarylexky.org for all of the Rotary Club of Lexington updates.

DOING ROTARY, DIFFERENTLY

The Rotary Club of Lexington Lexington, KY 40507

2024-2025 OFFICERS

Bret Anderson - President Laurel Martin - President-Elect Kim Johnson - Past President Alisha Chaffin - Secretary Eric Brooks - Sergeant- at -Árms Chris Anderson -Treasurer Peggy Trafton - Executive Director (Staff) Trafton@rotarylexky.org
Jenny Schnurr-Office Assistant (Staff) jenny@rotarylexky.org

DIRECTORS

Chris Aldridge (2025) Chris Campbell (2025) John Wharton (2025) Susie Basham (2026) Edwin Gibson (2026)

Shawn Lyons (2026) Brigitte Blom (2027) Dylan Harper (2027 Chris Peck (2027)

ENDOWMENT BOARD

Paul Chewning - Board President (2025) Jamie Schrader - Board Vice-President (2026) Mike Baker (2025) John Darnell (2025 Tom Lester (2025) Merl Hackbart (2025) Dean Hammond (2026) Thom Hathaway (2026) Kent Hisle (2026) Mary Beth Wright (2026) Roger Baird (2027) Buzz Carmichael (2027) Michael Morrill (2027) Carrie Patterson (2027 Sharon Reed (2027) Chris Anderson-Treasurer Bret Anderson - Club President

WHEEL HORSE **CONTRIBUTORS**

Joe Bark Paul Chewning John Meyers Robert Mucci Jim Richardson Jenny Schnurr Bill Štraus Peggy Trafton John Wharton, Editor Dan Koett, Assistant Editor Set up & printing by Lynn Imaging Editorial Standards: Chicago Manual of

Style, 17th ed.

Lexington Rotarians continue to take advantage of the third week of each month to "Do Rotary, Differently" by showcasing our Rotary values and expertise during that week and at other times to help out in the communities outside the setting of a weekly meeting. Under the watchful eyes of Alisha Chaffin and

Chris Campbell Military Missions remains one of our focal points, as Rotarians gather to assemble care packages to go out to our deployed troops. The accompanying photo shows



the large number of Rotarians who gathered on September 24 to help with this effort. Shown are Rotarians Shawn Lyons, Scott Neal, Alisha Chaffin, Mary Ellen Fiflis, Candra Bryant and son, Susan Adams, Christie Pierce, Greg Turay's daughter, Gregory Turay, Linda Weaver and husband Robert. Another ongoing



Rotary effort is our collaboration with God's Pantry to fill and distribute backpacks to area schools to benefit the incredibly large number of students who face food insecurity each and every week. Here we see Virginia Carter taking a needed break upon the completion of another workday. Since Sharron Townsend broke the figurative Rotary 'glass wall" back in 1988 by becoming our Club's first female member, women have increasingly placed a vital role in keeping us relevant and visible in the community. An example is the significant Rotary presence in Women

Leading Kentucky (WLK), a non-profit organization which provides networks, mentors, business connections, and educational opportunities for women. Rotary maintains a booth at their meetings and the organization has been a valuable resource in getting our name out and in recruiting members. The accompanying photo shows these Rotary women at a recent WLK meeting: Crystal New-

Rotary in Review

GATTON PARK ON THE TOWN BRANCH - A TRANSFORMATION IN PROCESS

A highlight of our September 26 meeting, one designed to get us off to a rousing start, was its opening with the singing of "Happy Birthday" to Past-President Winn Stephens to celebrate his 50th time around the sun. In his typical giving spirit. he shared his cake with the entire club.

Wheel Horse

With that celebration behind us, Allison Lankford, Executive Director of Gatton Park on the Town Branch (Gatton Park), presented an update of the generational Gatton Park project. She noted that Gatton Park will hold on to and reflect the history of Lexington, most literally through the restoration of Town Branch creek itself, the long-buried waterway on the banks of which Lexington was founded. The project is transforming elven acres of asphalt between Oliver Lewis Way and Central Bank Center into an unprecedented signature park in the heart of downtown Lexington. After groundbreaking in 2023, the fundraising, design, and development began in earnest with the hiring of staff. Currently the project is led by a volunteer board of directors and a five-person staff.

The primary intent of the project is to create a "destination" in downtown Lexington in the form of a nearly ten-acre

world-class community gathering space. The project was designed by the internationally known design firm Sasaki, supported by a team of local firms. Funding to the tune of roughly \$55 million came from the community, including the Rotary Club of Lexington's commitment of \$100,000 to fund plantings in the Children's Adventure Playground.

Programming will include hundreds of free, year-round activities. To ensure Gatton Park is more than just a beautiful new green space downtown, the Allison and her team have engaged park management experts Agora Partners to help create a programming plan, revenue model, and governance structure for the park. The primary features of the park will be the Great Lawn and amphithe-

ater capable of "seating" 4,500 of us to host major concerts and local events. playgrounds, a dog park with a state-of-the-art self-cleaning system under the turf, a water play area, an adventure play

area with a four-story climbing structure, and a commons area connected to trails, The aforementioned Town Branch Creek restoration is being funded by a federal grant. Lankford also indicated an exciting new feature will be announced soon. In fact, told us what it will be, but you have to join Rotary to find out from us!

It is projected that the Park will draw 1,000,000 visitors annually. Their mission statement: downtown parks serve as green engines to help address nearly every critical urban need. Gatton Park will be more than just a pretty place – the park will enhance the quality of life in Lexington and nurture the health and well-being of our people, community, the environment, and our economy.

- Jim Richardson



DOING ROTARY, DIFFERENTLY, 4

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STARLIGHT FINANCIAL GROUP



NEW MEMBER DEEP DIVE: BRIAN MARTIN



When I grow up, I want to be Brian Martin! I thought that I was doing a pretty good job of traveling the world, but then I asked Brian about his travels. He takes three or four Royal Caribbean cruises per year (if I'm lucky I take three or four cruises a decade)!

Brian is originally from Pikeville and studied computers at Morehead State University. That was followed by his obtaining a masters' degree in Pub-

BRIAN MARTIN University. That was followed by his obtaining a masters' degree in Public Advocacy from Eastern Kentucky University. He has always had a strong interest in politics and was an interest.

always had a strong interest in politics and was an intern in Washington, DC for a time. Brian even had the opportunity to attend the funeral of Ronald Reagan.

Later, as an insurance agent, Brian had an office in Frankfort where he was a member of Frankfort Rotary from 2013 to 2015. After moving his business to Lexington in 2015 he devoted much of his energy to building his business. Now with four offices and sixty-five other agents, Brian can devote more time to the service projects that he enjoys. Formerly in leadership of the Frankfort club, he is now participating in Rotary Leadership Institute. Brian has been pleasantly surprised at how many Lexington Rotarians he already knows.

He is a UK Wildcat and Cincinnati Bengals fan and enjoys of trivia, cigars, and golf. I asked Brian what he would like to be doing ten years from now and other than a trip to Santorini and other parts of Greece, he said that he wouldn't change a thing (why would he?).

- John Meyers

ROTARIAN KINKEAD SEEN HANGING AROUND, BUT WAS HE FRAMED?



This is not fake news. Indeed, our own Shelby Kinkead was seen hanging around the Headley Whitney Museum by your Editor while viewing the recently opened exhibit "Dogs and Cats". The painting of Shelby and his beloved Ruth, in the accompanying photo, entitled "S.K.

and Ruth, After the Hunt", is one of the highlighted artworks. The caption reads: "Shelby . . . was given this painting by his wife, Melodye, to celebrate the Prison of 3 ding anniversary. The dog, Ruth, is a great set the way and who has accompanied Shelby on may have a really raises the stakes in the anniversary gift darke! Holcomb 8

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			Susan	Adams	8	Susie	Basham	11
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Wanda	Bertram	6	Paul	Chartier	11	Debbie	Gallagher	28
Susan	Adams	8	Susie	Basham	11	Martha	Riddell	29
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Paul Chartie ETTER FRIENDS HIPS Basham I Martha Riddell 29

Susie Basham | Martha Riddell 29

A real-life example of reals kenetianat of the 4-Way Test

Westernught to your Editor classical by his cousin,

Dayrid Ashaydandedicated metabore of the Kiwanis Club in

Wayneshaen Wirginia. Both his Club and the nearby Ro-

taBriclub Dasstaucton, Virginia, are each approbaching the 25100th anniversary. Reaching the Sales are service club divide, the who cribbe to faborated on a t-shirt to forfatly from their historic milestones! Now if the weight the world could just get afong. Morrett 30

ROTARIAN ROAD WARRIORS

A couple of past Presidents of the Rotary Club of Lexington have been out and about as summer turns into fall. Kim Johnson and husband Larry are just back from a trip to Lodi, California where they visited Rotary friends. She reports that they "started the visit by working with the Loki-Tokay Rotary Club craft beer fundraiser, went



to two wineries and met the owners at both, then went to [a] Rotary meeting." Kim plans to meet up with her Rotary friends again next year in Calgary and for a District cruise. Speaking of beer, past President Kevin Weaver

SEE ROAD WARRIORS, 2

FROM PAGE 1

ROAD WARRIORS



and his posse (the "Belgium Brew Crew") recently crossed the pond to experience the Bruges, Belgium 16th Annual Beer Festival. There they enjoyed a beer cornucopia of more than sixty breweries and beer companies, representing more than 400 beers. Kevin reports that the Delirium Café was his favorite watering hole, with a

Guinness World Record of having more than 3,000 beers commonly available.

Rotarian Edwin Gibson and wife, Jill, went in a different direction in their RV, opting for being off the grid while hunting sage grouse in South Pass, Wyoming, on the Sweetwater River. Once back to the grid, Edwin reported that he "bagged my first and second Sage Grouse. It happened in less than a minute. The boys must have

flushed 8-10 birds in total; they rose from the sagebrush two to three at a time. My adrenaline level was off the charts. But my aim was true times two and my boys were proud of their dad for finally doing his part." Good job, Edwin, and English Setters Scout and Marlowe!



LIVING LEGENDS: GARLAND BARR



BARR

As the Rotary Club of Lexington reinvents itself for the future, Living Legends, a series of interviews conducted by President Bret Anderson, seeks to recognize Rotary "Legends" to whom we all owe so much. In this edition, Bret interviews Garland Barr.

DONNA & GARLAND Bret: Mind sharing your age? Garland: I'm 80 years old. I turned 80 this past August.

Bret: Where did you grow up?

Garland: I grew up right here in Lexington. I went to University High School. After that, I attended the University of Kentucky, where I was a member of the Delta Tau Delta fraternity. In fact, my wife, Donna, and I have been married since 1967 and her father was a Delt as well.

Bret: What's your favorite childhood memory?

Garland: We lived off Nicholasville Road on a street called Shady Lane. My friends and I would hike around what's now The Arboretum, and we'd even camp overnight. We saw all kinds of wildlife—it was a young boy's dream. Later, we moved near Tates Creek Road and Cooper Drive. We used to play kick-the-can in the middle of the street. It was such a great time.

Bret: What's the most valuable lesson you've learned, either in school or life?

Garland: I learned to always treat people well and be kind. My father and grandfather were both Rotarians, and they taught me the 4-Way Test at a young age. No matter your situation, always be kind to others.

Bret: What did you enjoy most about your career? Garland: I was a CPA, and the best part of my job was the interaction with other people. It was a very rewarding career because of the trust and relationships I built. Being in a high-trust profession, people appreciated my discretion and confidentiality.

Bret: How long have you been in the Rotary Club of Lexington, and what does being a Rotarian mean to

Garland: I joined in 1978 and served as treasurer for six years. One of my responsibilities was managing the books for the student exchange program, which gave me the opportunity to meet a lot of wonderful young people. I also have a house on the coast of South Carolina and attend the Rotary Club there when I am in town. I love meeting Rotarians from all over. To me, being a Rotarian means upholding high standards and focusing on helping others, especially those less fortunate. We are respected because of how many lives we touch and the positive impact we make on society.

Bret: What's your secret to longevity?

Garland: Staying optimistic! I always try to see the glass half full and seek out friendships. Helping others has always been important to me. My father taught me the "Do Right" rule—do the best you can in every situation. I've also lived by the Rotary 4-Way Test. I feel very blessed to be 80 years old and enjoying life, especially those peaceful moments on my porch.

- Bret Anderson

5TH PAGE CONTRIBUTORS

Joe Bark, Paul Chewning, John Meyers, Sharon Reed, John Wharton - Editor